

Ridewiser Ability Level (1 - 10)	P:W Ratio	Sassafras (1:20) 7km Climb Time *		CROWE SCORE (1 - 50)	Ridewiser Rider Type	Cycling Event Qualification	Club Grading (Men)	Club Grading (Women)
		mins	secs					
<b>RW 1</b> Expert	5.20	13	00	1	Omnipotent	<i>Tour de France - minimum ability</i>	<b>PRO</b>	<b>PRO</b>
	5.09	13	30	2	Formidable	<i>Spring Classics Road Rider - minimum ability</i>		
	4.98	14	00	3	Flying	<i>International PRO - minimum ability</i>		
	4.88	14	30	4	Commanding	<i>National Road Champions - typical ability</i>		
	4.78	15	00	5	Dynamic	<i>Domestic PRO - minimum ability</i>		
<b>RW 2</b> Advanced	4.68	15	30	6	Driving	<i>National Road Series - solo winner's ability</i>	<b>A</b>	<b>A</b>
	4.59	15	45	7	Gliding	<i>Aus National Road Series - podium ability</i>		
	4.50	16	00	8	Finishing	<i>Club A Grade Road Race - podium ability</i>		
	4.38	16	15	9	Mastering	<i>Club A Grade Criteriums - winner's ability</i>		
	4.26	16	30	10	Fighting	<i>Aus National Road Series - minimum ability</i>		
<b>RW 3</b> Excelling	4.19	16	40	11	Blasting	<i>Club A Grade Criteriums - minimum ability</i>	<b>B</b>	<b>A</b>
	4.16	16	50	12	Attacking	<i>Club B Grade Road Races - winner's ability</i>		
	4.13	17	00	13	Quick	<i>Club B Grade Criteriums - podium sprint ability</i>		
	4.10	17	15	14	Super			
	4.07	17	30	15	Storming	<i>Club B Grade Road Races - average pack rider</i>		
<b>RW 4</b> Bolting	4.04	17	40	16	Steadfast		<b>C</b>	<b>B</b>
	4.01	17	50	17	Marking	<i>Club A Grade Road Rides - to qualify</i>		
	3.98	18	00	18	Resilient	<i>Club C Grade Road Races - winner's ability</i>		
	3.95	18	15	19	Adapting	<i>Club B Grade Road Races - minimum ability</i>		
<b>RW 5</b> Challenging	3.92	18	30	20	Thriving	<i>Club B Grade Criteriums - minimum ability</i>	<b>D</b>	<b>C</b>
	3.89	18	40	21	Motoring			
	3.85	18	50	22	Charging	<i>Club B Grade Road Rides - to qualify</i>		
	3.81	19	00	23	Fleeting	<i>Rob Crowe Super-7 Road Rides - mini'm ability</i>		
	3.77	19	15	24	Persistent			
<b>RW 6</b> Competent	3.73	19	30	25	Dramatic	<i>Ridewiser Enduro 280K Challenge - to qualify</i>	<b>E</b>	<b>D</b>
	3.69	19	40	26	Controlled	<i>Club C Grade Road Races - minimum ability</i>		
	3.65	19	50	27	Worker	<i>Club C Grade Road Rides - to qualify</i>		
	3.61	20	00	28	Exciting	<i>Alpine Challenge Timed Events - rec min'm output</i>		
	3.57	20	15	29	Tempo			
<b>RW 7</b> Intermediate	3.53	20	30	30	Striving	<i>Ridewiser Voyager 350K Ride - to qualify</i>	<b>F</b>	<b>E</b>
	3.49	21	40	31	Hammering			
	3.42	21	50	32	Boosting			
	3.35	22	00	33	Speedy	<i>Club D Grade Road Races - average pack rider</i>		
	3.28	22	15	34	Mobilising			
<b>RW 8</b> Developing	3.21	22	30	35	Over-taking	<i>Club D Grade criterium rider - rec min'm output</i>	<b>F</b>	<b>D</b>
	3.14	22	40	36	Solid			
	3.07	22	50	37	Durable	<i>Bright Alps Training Weekend official cut-off</i>		
	3.00	23	00	38	Raw	<i>Club D Grade Road Rides - to qualify</i>		
	2.93	23	15	39	Persevering	<i>Club D Grade Criteriums - minimum ability</i>		
<b>RW 9</b> Building	2.86	23	30	40	Forming		<b>F</b>	<b>E</b>
	2.79	23	40	41	Galloping	<i>Ridewiser Women's Ronde 130k - to qualify</i>		
	2.66	23	50	42	Bolting			
	2.53	24	00	43	Snappy	<i>Ridewiser Inverloch Challenger camp - to qualify</i>		
	2.40	24	30	44	Surging	<i>Club E Grade Road Rides - to qualify</i>		
<b>RW 10</b> Experimental	2.26	25	0	45	Pumping	<i>Club E Grade Criteriums - minimum ability</i>	<b>F</b>	<b>F</b>
	2.12	25	30	46	Balanced	<i>Average club F Grade Road Rider ability</i>		
	1.97	26	0	47	Transforming	<i>OS TdFrance Trips - recommended min'm fitness</i>		
	1.82	26	30	48	Courageous	<i>Novice ability distance ride challenges of 100km+</i>		
	1.66	27	00	49	Pacing	<i>Club F Grade Road Rides - to qualify</i>		
	1.50	27	30	50	Energetic	<i>Ridewiser Ergo class - to complete above 27kph</i>		

\* Sassafras Climb Time is officially measured from the last wall at The Basin shops and concluding at the first wall of the Sassafras shops